

THE PROCEDURE - GENERAL ANESTHESIA



Preparation:

You are coming to the Centrum Medyczne Gizińscy

on at

(this is not the time of the procedure, the time of the procedure will be known upon arrival at the Centre)

Food and drink before surgery:

- Do not eat for 6 hours before the operation
- in the period from 6 to 4 hours before the operation, you can drink clear liquids, such as: still water, fruit juices, tea, etc.
- 4 hours before the operation you should be on an empty stomach (no food or drink, no chewing gum)

Medicines:

- medications that you are currently taking, please consult your doctor or inform the nurse
- drugs taken "permanently" should be taken with you to the Centrum (in the original packaging or blisters)
- Important! 10-7 days before the operation, do not use anticoagulants containing acetylsalicylic acid: acard, polocard, aspirin, polopyrin, scorbolamide, headache tablets. Patients taking oral acenocumarol, sintrom, syncumar, warfin must switch to treatment with low-molecular-weight heparin (Clexane, Fragmin, Fraxiparyna) - the type and dose of the drug is determined by the referring physician.

Documents and other things:

- identity document (ID card or passport)
- originals of test results, medical documentation, referral for surgery
- the original of the completed anesthesia questionnaire (in the case of a procedure under general anesthesia)
- 2 sets of pajamas/nightgown changeable footwear, toiletries, valuables/jewellery, please leave at home, glasses
- list of currently taken medications on the card
- telephone number of the contact person and medical documentation

Patient preparation at home before coming to the Centrum:

Immediately before the procedure, remove make-up, nail polish from the index fingers, remove jewelry, and take a bath.

Colds, herpes, fever or other sudden illnesses are an indication to postpone the procedure to another convenient date.

Extract:

- on the day of the procedure or the next day after medical consultation
- please check the data and medical recommendations on the "Information card of hospital treatment" - in case of doubt, please consult the attending physician.

Due to the anesthetic drugs used during the procedure for 24 hours, no you should drive the car. We recommend that you return home after the procedure under the care of an adult. Upon discharge, you receive prescriptions and a release L4 at the Patient's request.

The frequency of changing the dressing is ordered by the doctor performing the procedure. You should try to do not get it wet or dirty. Please avoid bathing in the tub.