

# CHILD SURGERY



## **Preparation:**

You are coming to the Centrum Medyczne Gizińscy

on ..... at .....

(this is not the time of the procedure, the time of the procedure will be known upon arrival at the Centrum)

## **Food and drink before surgery:**

- Do not eat for 6 hours before the operation
- in the period from 6 to 4 hours before the operation, you can drink clear liquids, such as: still water, fruit juices, tea, etc.
- 2 hours before the operation you should be on an empty stomach (no food or drink, no chewing gum)

**Attention:** Breast milk can be given up to 4 hours. before anesthesia, while artificial (mixtures) can be administered up to 6 hours before the planned operation.

**Important!** Only one parent with a child may stay in the Hospital Ward.

## **Medicines:**

- medications that the child is currently taking, please consult your doctor or notify the nurse,
- drugs taken "permanently" should be taken with you to the Centrum (in the original packaging or blisters)

## **Documents and other things needed on the day of the procedure:**

- parent's identity document (ID card or passport), child's health booklet
- originals of test results, medical documentation, referral for surgery
- the original of the completed anesthesia questionnaire (in the case of a procedure under general anesthesia)
- 2 sets of pajamas/nightgown, changeable shoes for the child and parents, toiletries - 200 ml carton/bottle containing apple juice or still water - favorite toy/cuddly toy

## **Going back home:**

Before the child is released home, the anesthetist assesses the child's condition and informs the parents about the use of painkillers. Parents also receive tips concerning drinking and eating. Please carefully check the data and medical recommendations on the "Information card of hospital treatment" - in case of any doubts, consult the attending physician. If you live in Bydgoszcz or the surrounding area, you take your child home with your own car (two adults) or by taxi (one parent is enough). In order to maintain maximum safety, we do not recommend using public transport. If you live in another region of Poland, the child and the parent stay in the Centrum for the night or stay with a family in Bydgoszcz, or in a hotel.

**If the child develops disturbing symptoms after leaving the Centrum (e.g. severe pain, vomiting, bleeding from the surgical site), please contact us immediately telephone contact with the operating doctor or nurse on duty surgical ward.**